Dear Parent of Room:

Welcome back to another year of GrowingGreat!

GrowingGreat is excited to begin a brand new year in your child’s class! GrowingGreat is a garden and nutrition education non-profit dedicated to inspire children and adults to adopt healthier eating habits to affect real and lasting lifestyle changes. With a rising obesity epidemic and sky-rocketing health care costs, the need to educate children about nutrition and high quality foods is now more important than ever.

This year your child will participate in five, 35-45 minute nutrition lessons to empower them with this information. A trained volunteer docent will deliver these lessons, complete with activities, optional food samples, and a teacher packet with enrichment materials including a survey for feedback from teachers.

The **classroom nutrition lessons** will be delivered after volunteer docent online training is complete. The docent for your class will contact you with any additional information that might be necessary. The lessons have been scheduled for:

**(add your calendar here)**

If you are interested in participating on any scheduled lesson please contact your GrowingGreat classroom docent.

If you have any questions about the school programs, please contact your classroom docent at any time.

Sincerely,