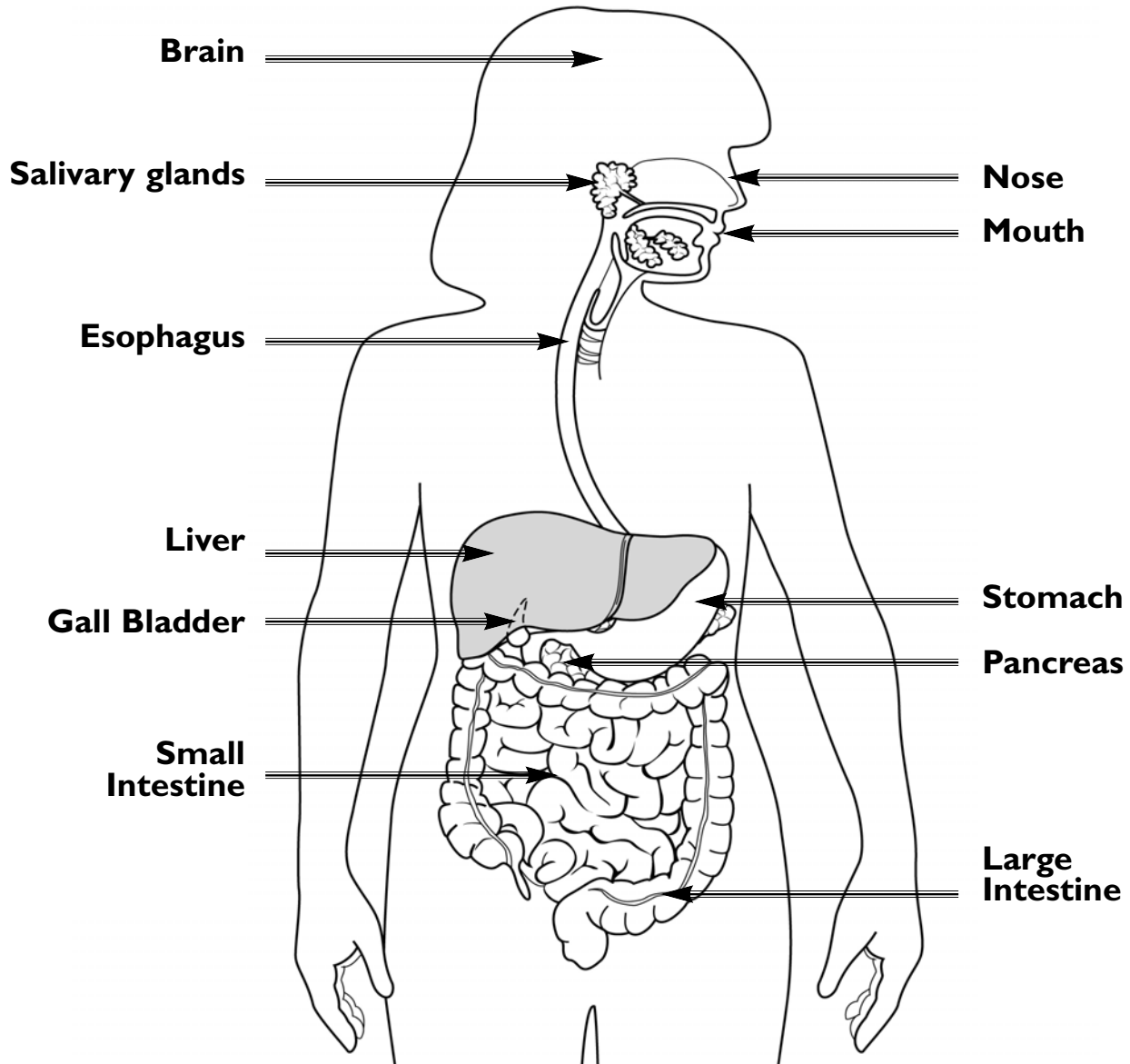


# Digestion Diagram



# Water Content in Food Activity Sheet

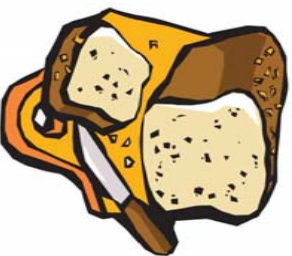
How much water am I eating?

Each of these foods contains water. Number them in order from greatest amount of water to least amount of water.



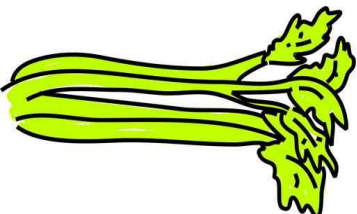
Broccoli

\_\_\_\_\_



Whole Wheat Bread

\_\_\_\_\_



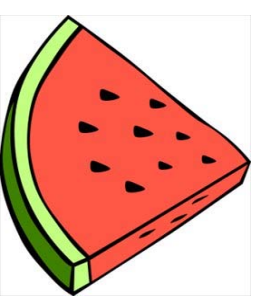
Celery

\_\_\_\_\_



Lettuce

\_\_\_\_\_



Watermelon

\_\_\_\_\_