



Nutrition Facts

Serving size: 8 fl oz (240 mL)

Servings per container: 2.5

Amount per serving

Calories	50
	% Daily Value
Total Fat 0g	0%
Sodium 110mg	4%
Potassium 30mg	1%
Total Carbohydrate 14g	5%
Sugars 14g	
Protein 0g	

Vitamin A	0%	Calcium	0%
Vitamin C	0%	Iron	0%

* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

Ingredients: Water, Sucrose Syrup, Glucose-Fructose Syrup, Citric Acid, Natural and Artificial Flavor, Salt, Hydrogenated Soybean and Cottonseed oils, Sodium Citrate, Monopotassium Phosphate, Glycerol Ester of Wood Rosin, Blue 1







**GOOD
• FOR •
YOU**

STONE GROUND

**CORN
CHIPS**



Nutrition Facts

Serving Size 1 oz (28g/about 10 chips)
Servings Per Container about 6

Amount Per Serving		Calories from Fat 60	
Calories 140			
		% Daily Value*	
Total Fat 6g			10%
Saturated Fat 0.5g			3%
Trans Fat 0g			
Polyunsaturated Fat 1g			
Monounsaturated Fat 6g			
Cholesterol 0mg			0%
Sodium 80mg			3%
Potassium 65mg			2%
Total Carbohydrate 18g			6%
Dietary Fiber 3g			12%
Sugars 1g			
Protein 3g			
Vitamin A 0%	•	Vitamin C 2%	
Calcium 2%	•	Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			