

Nutrition Facts

Serving size: 1 bar (35g)

Servings per container: 5

Amount per serving

Calories 140

Calories from fat 30

% Daily Value

Total Fat 3.5g 5%

Saturated Fat 0.5g 3%

Trans Fat 0g

Polyunsaturated Fat 1.5g

Monounsaturated Fat 1g

Cholesterol 0mg 0%

Sodium 80 mg 3%

Total Carbohydrate 25g 8%

Dietary Fiber 2g 8%

Sugars 11g

Protein 2g

Vitamin A 0% Vitamin C 4%

Calcium 2% Iron 4%

* Percent daily values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your caloric needs.

	Calories	3,000	3,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	300mg	300mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: Granola (rolled oats, evaporated cane juice, soy oil), tapioca syrup, brown rice flour, invert cane syrup, strawberry pieces (strawberry juice, raspberry juice, cherry juice, apple puree, rice meal, soy oil, pectin, citric acid, natural flavor). Contains dairy and soy. Produced in a facility that uses peanuts and tree nuts.