

CHECK LIST

Lesson #2: Label Busters

1. Script

2. Props

- Use Nutrition Facts Label and Ingredient List

3. Handouts

For students:

- Label Buster activity - 1 sided
- Ingredient lists - 2 sided

For parents:

- Grill Me About

For teacher:

- Teacher packet

4. Optional Food Sample

- Food preparation instructions
- Serving supplies