

TABLE OF CONTENTS

Lesson #2: Label Busters

- a. Lesson Checklist
- b. Lesson 2
 - a. Lesson 2 Outline
 - b. Lesson 2 Script
 - c. Close to the Source Berry Bar & Nutritious Fruity Bar
Ingredient lists
 - d. Label Busters Activity Sheet
- d. Grill Me About – Parent Handout
- e. Evaluations
 - a. Teacher/Administrator Lesson Evaluation
 - b. Docent evaluation
- f. Supplemental Materials
 - a. Recommended Reading for Docents/Teachers
 - i. Sweet But Sinister by Debra Ginsberg
 - ii. The Facts about High-Fructose Corn Syrup
by Amy Palanjian
 - b. Teacher Packet (optional)
 - i. Letter
 - ii. Lesson Outline
 - iii. Teacher Evaluation
 - c. Additional Student Activities
 - i. Be an Ad Buster
 - d. Optional Food Sample
 - i. Suggested Food Sample
 - ii. Food Prep Instructions
 - iii. Allergy Guidelines