

CHECK LIST

Lesson #5: Heed Your Warning Lights

1. Script

2. Props

- Balloons – not inflated, used during activity
- Charade clues – make sure you cut them out and bring to lesson

3. Handouts

For students:

- Hunger Chart activity sheet
- Hunger Chart activity sheet - answer sheets

For parents:

- Grill Me About

For teacher:

- Teacher packet

4. Optional Food Sample

- Food preparation instructions
- Serving supplies