**Are you interested in what foods your child is eating?**

**Do you want to empower others to make healthy food choices in their life?**

**Make a difference that will impact the rest of your child’s life and become a GrowingGreat Nutrition Docent for your child’s classroom!**

GrowingGreat is a school garden and nutrition education organization dedicated to inspiring children and adults to adopt healthy eating habits.

**GrowingGreat Nutrition Docent Responsibilities:**

*A docent’s main responsibility is to teach quality nutrition lessons to classrooms 5 times per year. The GrowingGreat Online Education Portal provides basic tutorial videos, lessons, and supporting materials needed for successful delivery of education. The following is a complete list of docent responsibilities:*

**1. Online Education Portal**

* Your Lead Docent will notify you via email instructions for logging into the education portal. Once you are signed up you can start viewing tutorial videos, scripted lessons, and additional resources.

**2. Communicate Effectively**

* Classroom Teacher
* Meet with your teacher to introduce GrowingGreat and  schedule lessons at the beginning of the school year.
* Send your teacher a reminder email with necessary information one  week prior to each lesson delivery
* Allergy Guidelines: Review and share with classroom teacher. All students with any allergy should be noted and parent should be notified about upcoming lesson and whether a food sample will be offered.

**3. Schedule Lessons**

* Schedule dates for the 5 classroom lessons with your teacher
* Lead Docent has a suggested master calendar when lessons are recommended for delivery.

**4. Deliver Lessons**

* Rehearse your script several times prior to lesson so you have it memorized
* Complete the check list the day before teaching a lesson to prepare
* Print out props, activity sheets, teacher packets.
* Review the food preparation instructions and food/allergy details  should a food sample be offered.
* Always arrive on time to teach lesson

**5. Teaching**

* Have fun and remember to thank the classroom teacher!