

# Supply Checklist

## K-2 Pilot Lesson #3

### Tummy Talk

Supplies provided by Lead Docent/GrowingGreat Online Education Portal:

#### **Overview of Digestion**

- ✓ Printable images of the human digestive system

#### **Activity 2: Balloon demo**

- ✓ Balloon

#### **Activity 3: Hunger Scale Game Mix Up**

- ✓ Printable hunger level cards
- ✓ Printable hunger scale

#### **Activity 4: Mindful Eating Exercise**

- ✓ Fruit or vegetable bite-sized snacks

Optional:

- ✓ *The Very Hungry Caterpillar* by Eric Carle